

## **Prayers**

### **Guardian Angel Prayer For Young Children**

Come Oh Angel Guardian Angel, come to me I pray, for I am just a little lamb and mustn't go astray. From each morning when I waken 'til I go to bed at night please stay right near beside me to help me do what's right.

Amen

### **Little Prayers for Little Moments**

(...when you're waiting in traffic, on hold on the phone, in the elevator, waiting for children at sports events, and so on...)

Most Sacred Heart of Jesus, Have Mercy on us.

Immaculate Heart of Mary, Pray for us.

St. Joseph, Pray for us.

Our Lady of Angels, Pray for us.

Our Lady Queen of Peace, pray for us.

Come Holy Spirit, enlighten our minds, strengthen our wills, to do good and avoid evil.

Jesus, Mary and Joseph, I love You, Save Souls.

Oh Blessed Mother, please convert the hearts and minds of all people in the world who fail to recognize the sanctity of life from the moment of conception until natural death.

Heavenly Father, we pray that you will invite more souls in Purgatory to join you in Heaven this day.

Mary, Queen of Heaven, shower your Son's graces upon your sons on earth, our Holy Father, all bishops and all priests.

### **Prayer to St. Michael the Archangel**

Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil. May God rebuke him, we humbly pray, and do thou,

Oh prince of the heavenly host cast into hell Satan and all the evil spirits who prowl about the world seeking the ruin of souls.  
Amen.

*(Our Holy Father, Pope John Paul II, has asked that we say this prayer daily. Follow it with one Our Father, one Hail Mary and one Glory Be.)*

### **Prayer to Your Guardian Angel**

Angel of God, my Guardian dear, To whom God's love entrusts me here.  
Ever this day be at my side, to light and guard, to rule and guide.  
Amen.

### **Act of Contrition**

Oh my God, I am heartily sorry for having offended Thee, and I detest all my sins because I dread the loss of heaven and the pains of hell, but most of all because they offend Thee, my God, who art all good and deserving of all my love. I firmly resolve, with the help of Thy grace, to confess my sins, to do penance and to amend my life.  
Amen

### **The Memorare**

Remember O most gracious Virgin Mary, that never it was known that anyone who fled to your protection, implored your help or sought your intercession was left unaided. Inspired with this confidence I fly to you O Virgin of Virgins, my Mother. To you I come, before you I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in your mercy hear and answer me.  
Amen.

### **Morning Offering**

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys and sufferings of this day in union with the Holy Sacrifice of the Mass throughout the world. I offer them for the intentions of your Sacred Heart, the salvation of souls, reparation for sin, and the reunion of all Christians. I offer them for the intentions of our bishops and in particular for those recommended by our Holy Father this month.  
Amen.