

## **Favorite Quotations on Personal Development**

- ❖ If you don't discipline yourself, you are sure to be disciplined by others.
- ❖ The important and decisive factor in life is not what happens to us, but the attitude we take toward what happens.
- ❖ Unless you start working on your mistakes, weaknesses, and faults, mediocrity is your ambition.
- ❖ To master yourself, you must first master your habits; otherwise they will quickly master you.
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- ❖ I've learned that we grow only when we push ourselves beyond what we already know.
- ❖ You acquire much of the thinking, mannerisms, and characteristics of the people you are around.
- ❖ All you are or ever shall become is the result of the use to which you put your mind.
- ❖ I've learned that all the advice and wisdom in the world cannot help you unless you apply it daily in your life.
- ❖ A smoothly functioning mind is necessary to a smoothly functioning body.
- ❖ I've learned that once you travel abroad, you'll never be the same again.
- ❖ Cultivate a calm, persuasive voice.
- ❖ I've learned that an insatiable curiosity is important to never feeling old.
- ❖ I've learned that an important philosophy of life is never to have anyone sorry that they have met you.
- ❖ Seek respect rather than popularity.
- ❖ Keep your conscious mind focused on what you want, and your subconscious mind will unerringly guide you to it.
- ❖ If you learn to develop a success-consciousness, your subconscious will work positively for you 24 hours a day—even when you're asleep!
- ❖ You cannot consistently perform in a manner that is inconsistent with the way you see yourself.
- ❖ You must be consistent in all areas of life if you are going to achieve maximum results.

- ❖ Eighty-five percent of the reason people get jobs and get ahead in those jobs is because of their attitudes.
- ❖ Don't let a day go by without making at least one definite move toward attaining your Definite Major Purpose.
- ❖ Keep Up That Persistent Action.
- ❖ The only way to coast is downhill.
- ❖ The most profound fact concerning humanity is this: The Creator gave us the complete, unchallengeable right of prerogative over one thing and only one thing-our mind.
- ❖ If you have no major purpose, you are drifting toward certain failure.
- ❖ Start the day by looking yourself in the eye and making the commitment to do and be your best that day.
- ❖ Today is the first day of the rest of your life; Are you satisfied with where you are and the direction that you are going? If not, take control of your life and change whatever needs to be changed. You and only you have the power to do this.
- ❖ Change your mental attitude and the world around you will change accordingly.
- ❖ Each of us must be willing to accept criticism. We must learn to listen to the advice of experts. No matter how competent we think we are, we can always find room for improvement.
- ❖ A burning desire has devious ways of transmuting itself into its physical equivalent.
- ❖ Your mind is the one and only thing over which you have the complete, unchallenged privilege of control.
- ❖ I've learned that in the process of becoming beautiful it is best to start from the inside and not the outside.
- ❖ You can change what you are and where you are by changing what goes into your mind.
- ❖ Make certain you are short on promises to your people and long on fulfillment. Action does speak louder than words.
- ❖ The quality of your life is limited by your weaknesses.
- ❖ I've learned that when things get easy, it's easy to stop growing.
- ❖ Use the power of your mind constructively and efficiently to achieve good health, peace of mind, and prosperity.
- ❖ Prayer is your greatest power!

- ❖ Hindsight is worth a lot if you learn from it, and it's worth even more if it's another's hindsight you are learning from.
- ❖ I've learned that what you are thinking about, you are becoming.
- ❖ You cannot give away something you do not possess.
- ❖ A giant step on the road to simplicity is to eliminate the odds and ends that clutter up your home, our car, your office, and your life. The guideline is easy: If you haven't used it in a year or more, get rid of it. Getting rid of it can mean any number of things: give it to a friend, give it to Goodwill, take it to a consignment shop, sell it at a garage sale, or put it in the dumpster.