

Lenten Calendar

ASH WEDNESDAY

Make Lenten resolutions and sacrifices.

THURSDAY

Do a good deed.

FRIDAY

Be especially obedient today.

SATURDAY

Cut your TV time down by 2 hours today.

1st SUNDAY

Be attentive at Church today.
READ MARK 1:12-15

MONDAY

READ PSALM 51

TUESDAY

Give up something you enjoy eating just for today.

WEDNESDAY

Say an extra prayer today.

THURSDAY

Visit someone who is lonely.

FRIDAY

Send a card to someone who needs cheering up.

SATURDAY

Pray for all people who are in the hospital.

2nd SUNDAY

Give extra money you saved to the poor.

MONDAY

Smile at everyone you meet today.

TUESDAY

Read MATT. 23:1-2.

WEDNESDAY

Get up extra early to pray.

THURSDAY

Go out of your way to help someone today.

FRIDAY

Read MATT. 21:33-43, 45-46

SATURDAY

Do an extra chore CHEERFULLY today.

3rd SUNDAY

Offer your Mass and Holy Communion for family members.

MONDAY

Pray for the homeless.

TUESDAY

Be extra nice to everyone you meet today.

WEDNESDAY

Give old clothes to the needy.

THURSDAY

Read LUKE 11:14-28.

FRIDAY

Forgive someone who hurt you.

SATURDAY

Do something extra nice for a family member.

4th SUNDAY

Pray for all people who are out of work.

MONDAY

Visit someone who is sick.

TUESDAY

Read JOHN 5:1-16.

WEDNESDAY

Clean up your neighborhood... pick up trash near home/work.

THURSDAY

Tell someone you LOVE them today.

FRIDAY

Read JOHN 7:1-2, 10, 25-30.

SATURDAY

Pray for the sick today.

5th SUNDAY

Do something together with your family.

MONDAY

Donate food to the hungry.

TUESDAY

Read a book to a child today.

WEDNESDAY

Read JOHN 8:31-42.

THURSDAY

Be nice to someone you don't like.

FRIDAY

Read a story about a Saint today.

SATURDAY

Let someone else choose the TV programs today.

PALM SUNDAY

Listen closely to the PASSION OF CHRIST at Mass.

MONDAY

Give up watching TV today.

TUESDAY

Read JOHN 13:21-33, 36-38.

WEDNESDAY

Read PSALM 22:2-6, 23-25.

HOLY THURSDAY

Attend the Mass of the Lord's Supper.

GOOD FRIDAY

Pray the STATIONS OF THE CROSS

HOLY SATURDAY

Read ROMANS 6:3-11.

EASTER SUNDAY

Rejoice in the resurrection of the Lord.
GO TO MASS!

Happy Easter!!!